

2018 Kapunda High School Athletics Day Program

EVENT	1	2	3	4	5	6	7	8	9	10
Times:	Lunch time during week 6	9:30	10:30	11:00	11:30	12:00	12:30	1:00	1:30	
Ages:										
14B	Long Jump		Discuss	High Jump	Javelin			Triple Jump	Shot Put	
14G	Triple Jump	Javelin		Discuss		High Jump	Shot Put	Long Jump		
U15B	Shot Put		Long Jump		High Jump		Javelin	Discuss	Triple Jump	
U15G		Shot Put	High Jump		Long Jump	Discuss	Triple Jump		Javelin	
U16B			Javelin	Long Jump		Triple Jump	Discuss	Shot Put	High Jump	
U16G	High Jump			Triple Jump	Shot Put	Javelin	Long Jump		Discuss	
Open B		High Jump	Triple Jump	Shot Put	Discuss	Long Jump		Javelin		
Open G	Discuss	Long Jump	Shot Put	Javelin	Triple Jump		High Jump			
Approx. Track times:	100m Heats	100m Finals	Sack Race			400m	200m	800m	400m Walk	4x100m Relays
Open	Ball Games				Tug of War					

This year, we hold our annual Athletics Day on **Friday, 9 March**.

The day will involve many athletic events and some fun novelty events.

Many parents enjoyed the activities last year and again, we would welcome any parents or friends to be present on this day and join in the fun.

To enable this day to run efficiently, I would welcome any parents who are able to act as officials for some time during the day. If you are able to assist in this way, please complete the reply slip below.

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ATHLETICS DAY HELP

I, can assist as an official at the KHS Athletics Day on Friday 9 March, 2018.

I can help in the following area/s (please tick):

At the following times:

☐ Judging

☐ 9-12 or ☐ 12-3

☐ Time Keeping

☐ 9-12 or ☐ 12-3

☐ Field Event

☐ All day

Student at school:

Contact phone: Signed:

Please return to Mr Mark Leslie at your earliest convenience, via your child's Home Group teacher.