



# *Kidman Kafé*

## Canteen Menu 2019

### Right Bite Traffic Lights



Healthy Options



Select Carefully



Occasionally

Recess & Lunch Orders: 8:30 - 8:55 each morning

## HISTORICAL BURGERS

Hughes	●	Chicken, Lettuce & Mayo	4.50
Greenshields	●	Flame-grilled Chicken Breast, Lettuce & Mayo	5.00
Hawke	●	Chicken & Maggi Rich Gravy	4.50
Kidman	●	Lite Beef Pattie, Lettuce, Tomato & Mayo	4.50
Cheesy Kidman	●	Lite Beef Pattie & Cheese Sauce	4.50

● Additional Ingredients:

Build your own burger - MUST be pre-ordered	Cheese or Tomato	.50 ea
	Salad (eg tomato, cucumber, carrot)	1.00
	Hash Brown (added to Hawke burger)	1.00

## BAGUETTES

Sweet Chilli Baggy	●	Sweet Chilli Tender, Lettuce & Mayo	4.50
Southern Chicken Baggy	●	Southern Chicken Fillet, Lettuce, Mayo & BBQ Sauce	4.50

## MAPS MINI MINERS (summer)

Mini Roll	●	- choice of fillings offered	2.50
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## SCROLLS

Little Mo's Plain	●	5.00
Little Mo's Vegemite	●	5.00

## HOT SNACKS

Chicken Nuggets	●	(3 pack)	1.50
Spring Rolls	●	(3 pack)	2.00
Corn Jack	●		2.00
Chicko Roll	●		2.50
Hash Browns	●		1.00

## DESSERT SNACKS

Bulla Frozen Yoghurt	●	Strawberry, Raspberry & Mango	2.50
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## ICE BLOCKS (summer)

Ice blocks	●	various flavours	.60
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## SALADS (to be ordered)

- MUST be pre-ordered

Small Tossed 250ml	●	Lettuce, Tomatoes, Cucumber, Carrot & Cheese	4.00
Large Tossed 550ml	●	Lettuce, Tomatoes, Cucumber, Carrot & Cheese	5.00

Additional Ingredients:

Ham or Roast Chicken		1.00 ea
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(to be ordered)

SANDWICHES

ROLLS

Cheese & Salad	●	3.00	3.50
Roast Chicken	●	3.50	4.00
Roast Chicken, Lettuce & Mayo	●	3.50	4.00
Roast Chicken with the lot	●	4.50	5.00
Ham	●	3.00	3.50
Ham & Cheese	●	3.00	3.50
Ham & Salad	●	4.00	4.50
Egg, Lettuce & Mayo	●	3.00	3.50

Additional Ingredients:

Sauces: Tomato, Mayo, Mustard, Pickles & Curry	.50
Salad: Lettuce, Tomato, Cucumber, Grated Carrot, Cheese, Egg & Sundried Tomato	.70

## DRINKS

Bottled Water	●	600ml	2.00
Up & Go	●	250ml - Chocolate	2.50
Waterfords Sparkling Mineral Water	●	500ml - Orange & Mango, Lite Raspberry, Lite Passionfruit, Tahitian Lime, Apple Berry, Orange Passionfruit	2.50
Juicee Crush	●	250ml - Apple, Orange, Apple Blackcurrent, Multi V	1.50
Supa Essentials Juice	●	350ml - Mango magic, Berry Oxidant, Green Recharge, Coco Power, Apple + & Orange +	3.00
Nippy's (reduced fat milk)	●	375ml - Chocolate, Honeycomb, Mocha, Vanilla & Strawberry	2.50
	●	500ml - Iced Chocolate & Honeycomb	3.50

## WINTER OPTIONS - Terms 2 &3

Spicy Chicken	1 piece	●	2.00
Chicken & Garlic Balls	2 pack	●	2.00
New York Style Bagel	Ham & cheese	●	4.50
Toastie	Cheese	●	2.50
	Ham & Cheese		3.00
Little Mo's Pizza Slice (Wednesday only)		●	2.50
Pie (Friday only)			4.50
Pastie (Friday only)			4.50
Sausage Roll (Friday only)			4.50
Garlic Bread		●	2.00
Allied Chef Lasagne	Macaroni Cheese	●	4.00
	Spaghetti Bolognaise	●	4.00
Hot Dog (Thursday only)	with sauce	●	4.00
	with sauce & cheese	●	4.50

## Special Dietary Requirements?

The Kidman Kafé aims to provide options for people who have food intolerances, such as gluten and egg. Deb Hook, Canteen Manager, is happy to discuss dietary needs, clarify what options are available and possibly source some other possibilities.

## No NUTS, please!

Our canteen does not stock nut products, though care should be taken to check food packaging as some products may contain traces of nuts.



## Volunteers

The Kidman Kafé offers the opportunity for parents and students to help out. Training in food preparation and service is available.

Further information and volunteer applications are available from  
 Deb Hook, Canteen Manager  
 ph 08 8566 2203.

*For parents, it's a great way to support your child's school and for students, a valuable addition to your resumé!*

Prices and product availability are subject to change without notice.